



UCSF Department of Medicine ZUCKERBERG SAN FRANCISCO GENERAL

OF NOBLE STATUS: EMERITI FACULTY

The ZSFG Department of Medicine is fortunate to have several emeriti faculty, who choose to contribute after retirement. This month we honor three emeriti faculty who are sharing their wisdom and applying a wealth of experience to advance our missions. We also celebrate all of our emeriti faculty in a photo tribute (see last page).

Maestro of Clinical Research

Since arriving as an intern in 1962 at San Francisco General Hospital, as it was known before ZSFG, Morrie Schambelan, MD, has witnessed tremendous changes. “Phil Hopewell and I are the only two current faculty who were attending physicians in each of the three iterations of the hospital – the red brick buildings, the gray building, and now the new building (ZSFG),” he said with a chuckle.

After he was drafted, Dr. Schambelan spent two years as an active duty medical officer for the United



Morrie Schambelan, MD

States Navy, then conducted research at the Schweizer Hospital in the West African nation of Gabon. He returned to ZSFG, completing an endocrinology research fellowship, internal medicine residency, and chief residency, and was recruited to the ZSFG faculty in 1971. Dr. Schambelan served as Chief of the ZSFG Division of Endocrinology and Metabolism for 22 years.

Scientific discovery blossomed at ZSFG when then-Chair of the Department of Medicine Holly

Smith, MD, relocated numerous research centers to the General. “It transformed this place from a mostly clinical care entity into a research-intensive entity,” said Dr. Schambelan. He played a pivotal role, serving as Program Director of the ZSFG General Clinical Research Center (GCRC), then as Program Director of the Clinical Research Services of the Clinical and Translational Science Institute, which encompassed clinical research centers at ZSFG, Parnassus, and the San Francisco Veterans Affairs Medical Center.

“I loved being director of the GCRC,” said Dr. Schambelan. “It was like conducting an orchestra, with nurses, hormone assay, immunology and genomics laboratories, and even a metabolic kitchen where you could precisely prepare the entirety of a patient’s dietary intake, down to the last half gram of sugar.”

He delighted in seeking out faculty he didn’t already know, encouraging them to develop research protocols. “I always looked for people doing something new and exciting and, by virtue of their use of the GCRC, was able to enhance many people’s research careers,” said Dr. Schambelan.

He also pursued many of his own intriguing research questions. Dr. Schambelan and his colleagues made significant discoveries about how adrenal gland abnormalities can contribute to hypertension; acid-base and electrolyte metabolism; the biology of HIV-associated wasting syndrome; and how diet impacts lipid metabolism and cardiovascular risk. He and his colleagues are currently investigating metabolic consequences of sleep apnea.

In 2008, Dr. Schambelan retired, returning on recall. “I loved my work, but it just seemed like a good time to cut loose,” he said. “I could continue

to work yet be freed up to do other things.” He and his partner, Mimi, spend more time with his grandchildren and have traveled extensively, including taking several hiking trips in Europe. He continues to conduct research, chair committees, edit journal articles, and see clinic patients. “There’s a community spirit at San Francisco General,” said Dr. Schambelan. “The quality of care is absolutely amazing, and patients are so appreciative. It feels really good to be part of that.”

Embracing Complex Problems

Jacqueline Tulsky, MD, has always been drawn to patients wrestling with problems beyond an abnormal

glucose level or blood pressure. “The really fascinating challenges were things like housing, addiction, and incarceration,” she said. “I didn’t know how to solve those problems, but I could bear witness. What’s the best we can do for this person, given where they are?”



Jacqueline Tulsky, MD

For decades, Dr. Tulsky, Professor Emerita in the ZSFG Division of HIV, Infectious Diseases, and Global Medicine, has cared for patients with HIV, substance use disorders, and mental health issues. She arrived at UCSF in 1991 as a Robert Wood Johnson Clinical Scholar, working with epidemiologist Andrew Moss, PhD, to test homeless patients for tuberculosis and HIV. “It was quickly obvious that this was the right place,” she said.

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She provided primary care to HIV+ patients in the ZSFG Methadone Clinic, and studied TB prevention among homeless and incarcerated patients with Gisela Schecter, MD, Director of the TB Clinic, and Mary White, RN, PhD, FAAN, in the UCSF School of Nursing. Dr. Tulsky also was Medical Director of the San Francisco AIDS Education and Training Center, and a longtime faculty consultant for the National Clinicians' Consultation Center, advising providers on HIV prevention and care.

Other highlights included completing Drexel University's Executive Leadership in Academic Medicine training program and receiving an Open Society Institute physician advocacy fellowship to improve conditions at San Quentin State Prison. She also worked with Ward 86 colleagues to help normalize HIV testing in Côte d'Ivoire. In 1996, Dr. Tulsky received the Chancellor Award for Public Service for helping start the student-run UCSF Homeless Health Clinic. "One of my great prides is mentoring trainees and watching them do well," she said.

She is Vice Chair of one of the UCSF Institutional Review Board Committees, which evaluates research proposals involving human subjects. "I was a philosophy major in college, which is part of why I love this committee work – it's all about ethics, safety, justice, and equity in research," said Dr. Tulsky. "Our goal is to protect and advocate for researchers and participants and make this the best possible study."

"I loved my colleagues at the General, and seeing patients on Ward 86," said Dr. Tulsky. "Becoming an emerita meant I could remain part of this great institution while commuting less and watching baseball more." After retiring, she dove into her passions – becoming double-boarded in addiction medicine and completing a train-the-trainer program for motivational interviewing, which helps clinicians elicit patients' own reasons for changing their lives.

More recently, she volunteered for UCSF Occupational and Employee Health Services' COVID-19 warmline and needlestick hotline. "If I'd stepped away, I would have felt too rusty to start right up, but because I'd been active as an emerita, I jumped right in," said Dr. Tulsky. "It's really rewarding to find new talents when there's room to explore."

Volumes Between the Bookends

Two epidemics have bookended the career of infectious disease expert Henry "Chip" Chambers, MD. He arrived at UCSF as a medicine resident in 1977, and during his chief residency a strange new disease emerged – what became known as HIV/AIDS.



Henry "Chip" Chambers, MD

"It was spooky to be caring for dying people your own age," he recalled. "And of course, now COVID is the other bookend."

In the intervening decades, Dr. Chambers completed an infectious diseases fellowship, joined the ZSFG faculty, and served as Chief of the ZSFG Division of Infectious Diseases for over 20 years. He also directed the UCSF Infectious Diseases Fellowship Program for a decade, shepherding its transition to meet more stringent criteria developed by the Accreditation Council for Graduate Medical Education. He also mentored many future leaders, including numerous ZSFG Division of HIV, Infectious Diseases and Global Medicine faculty members. "They're now rock stars," he said. "It's fun to watch people become successful, and imagine you had some influence on their career."

Dr. Chambers focused much of his own research on staphylococcal aureus and published more than 180 peer-reviewed articles, including a paper in *Science* proposing a model for regulation of drug resistance genes in staph infections and two clinical research papers in the *New England Journal of Medicine*. "I've been a bit of a gadfly – I won't say 'Renaissance man,'" he said with a laugh. "I've maintained a deep interest in clinical medicine, but also had a foot firmly in research."

In recent years, his work directing the Clinical Research Services for the UCSF Clinical and Translational Science Institute demanded more of his time, as well as serving as co-principal investigator of the Antibacterial Resistance Leadership Group (ARLG), a \$100 million grant funded by the NIH.

"Keeping a laboratory is like having a \$1 million-a-year small business," said Dr. Chambers. "I wasn't able to perform at the level I wanted with all the competing demands." So, he began planning his transition to faculty emeritus about four years in advance, handing off his research to a junior colleague and closing his own lab. "Some doctors may fear stepping back, but I've never been one of them," he said. "Your whole identity may be wrapped up in your degree, accomplishments, and reputation. My advice is to plan your transition. Don't do it by default, and make sure you have something to do."

In Dr. Chambers' case, it's the best of both worlds: maintaining his institutional affiliation with UCSF as a professor emeritus allows him to continue as co-PI of the ARLG, consult on other grants, attend on the wards six to eight weeks a year, and serve as senior editor of the *Sanford Guide to Antimicrobial Therapy*. He also has more time to golf, hike, read long biographies, and relax with his wife at their second home in the Wine Country, where he tends to their small vineyard.

Elizabeth Chur

Editors: Neil Powe, Laurae Pearson, Brooks Bigart

SPOTLIGHT

Happy Juneteenth!

Juneteenth, June 19, was signed into law as a federal holiday, the first in 38 years, on June 17. UCSF will observe the holiday on Monday, June 28 this year.

Faculty Honors And Announcements

Diane Havlir, MD, Division of HIV, Infectious Diseases, and Global Medicine, is the 2021 Rapaport Awardee, an honor bestowed yearly at the ZSFG Annual Medical Staff Meeting.

Marcela Zhou Huang, MD, MPH, is the ZSFG Department of Medicine Awardee 2021 of the Krevans Award.

Eleanor Bimla Schwarz, MD, MS, will be joining UCSF as the new Chief of ZSFG Division of General Internal Medicine, effective September 2021. Thank you to **Neda Ratanawongsa, MD**, for her service as interim Chief.

San Mateo County honored **Monica Gandhi, MD**, Division of HIV, Infectious Diseases, and Global Medicine, for COVID19 public service and declared June 15 "Monica Gandhi Day" in the County to be honored annually.

Dean Sheppard, MD, Lung Biology Center, received the 2021 Lifetime Achievement in Mentoring Award from the UCSF Faculty Mentoring Program.

Vivek Jain, MD, Division of HIV, Infectious Diseases, and Global Medicine, is the 2021 recipient of the Meg Newman Teaching Award.

Beth Harleman, MD, Division of Hospital Medicine, received the 2021 teaching award from UCSF Department of Obstetrics, Gynecology, & Reproductive Sciences residents.

Emily Silverman, MD, Division of Hospital Medicine, with Ashley McMullen, MD, former ZSFG DOM Chief Resident, is a 2021 Webby Honoree in the category Podcasts: Diversity & Inclusion, as producer and co-host of *The Nocturnists: Black Voices in Healthcare*.

CELEBRATING OUR EMERITI FACULTY



Donald Abrams MD



James Allison MD



John Balmes MD



Charles Becker PhD



Neal Benowitz MD



Andrew Bindman MD



Ann Bolger MD



Stephen Born MD



Courtney Broaddus MD



Melvin Cheitlin MD



Stephen Embury MD



Nora Goldschlager MD



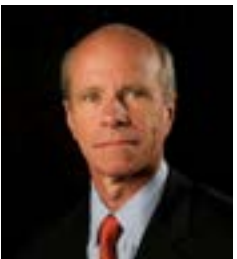
Phillip Hopewell MD



Henry Hulter MD



Michael Humphreys MD



John Imboden MD



Steven Jacobsohn MD



Mark Jacobson MD



Sam James MD



John Luce MD



Mike McCune MD



Meg Newman MD



Françoise
Perdreau-Remington MD



Christopher Pilcher MD



Hal Yee MD