

INSPIRING CHIEF RESIDENTS THROUGHOUT THE YEARS





ZSFG Department of Medicine Chief Residents through the years. Picture Left: 1963 - 1964 Chief Residents Rogers Mathews Vogelzang, MD, and Vincent Sing Yuen, MD, standing in front of gathering on ZSFG steps. Picture Right: Chief of Medicine Neil R. Powe, MD, with 2021 - 2022 Chief Residents Adalí Martínez, MD; Raphaela Lipinsky Degette, MD; and Andreas Mitchell, MD, in a photo taken in June 2021.

Chief residents are an important cornerstone in the education and leadership of the many residents in the UCSF Department of Medicine. Selected for their exceptional clinical and leadership skills, chief residents have multiple roles.

Each chief resident serves concomitantly as a leader, administrator, educator, mentor and counselor. They help manage up and down. Empathically they support and orient new interns and ongoing residents, manage work hours and schedules, promote safe transitions of care with handoffs, teach evidence-based medicine, organize conferences (morning report, teaching sessions, M & M and Grand Rounds), mentor residents in their career choices and help program directors make the internal medicine residency one of the most rewarding and learning experiences for newly minted medical graduates. Importantly, they look out for the well being of residents. Chief residents serve as attending physicians during their year of tenure and also help with recruitment of next year's cohort of residents.

In this issue, we recognize the talent and diversity

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that present, recent, and past chief residents have brought to the DOM at ZSFG over six decades with Chiefs of Medicine Norman Sweet, MD; Henry Brainerd, MD; Hibbard Williams, MD; Merle Sande, MD; Talmadge King, MD; and Neil Powe, MD. Many remain at UCSF and others are making important contributions to patient care and American Medicine elsewhere. We asked past chief residents about their most meaningful experiences while in the position and advice they would bestow upon current residents starting their medical careers.

The 2010 - 2021 Years



Department

of Medicine



Lurit Bepo, MD Fellow, National Clinician Scholar Program, UCSF School of Medicine

Saundra Nguyen, MD Outpatient Internist and Medical Educator, General Internal Medicine, Baylor College of Medicine



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Thuy Trang Jennie "TJ" Nguyen, MD Hospitalist, Ventura County Medical Center

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Albert Liu, MD Cardiology Fellow, Northwestern University



Tyler Mains, MD Acting Chief Medical Officer, Jail Health Services, SF Department of Public Health



"I learned to balance a primary care panel of patients with administrative responsibilities, teaching, and projects. I also learned nuanced management skills and how to support a team through crises."

Kathryn Sullivan, MD Fellow, **Pulmonary & Critical** Care, UCSF



2018 - 2019



Matthew Hickey, MD Fellow, HIV, Infectious Diseases, & Global Medicine, ZSFG

Jennifer Olenik, MD Assistant Professor, Hospital Medicine, Penn Medicine



Ashley McMullen, MD Assistant Professor, General Internal Medicine, San Francisco Veterans Affairs Medical Center

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2017 - 2018

Tejaswi Kompala, MD Endocrinologist - Director of Clinical Products at Teladoc Health (formerly Livongo)

"The communication skills I learned during chief residency were critical! I

learned how to effectively facilitate discussion, navigate conflict, and collaborate with a range of stakeholders. Do not underestimate the value you bring! You've spent years developing and refining your expertise in being a doctor. Your un-



derstanding of health and the healthcare system can be applied inside and outside of the hospital."



Grant Smith, MD Assistant Professor of Medicine, Palliative Medicine, Stanford University School of Medicine

2016 - 2017

Irina Kryzhanovskaya, MD Assistant Professor, Department of General Internal Medicine, UCSF



Rachel Stern, MD Chief Medical Quality Officer of Ambulatory Care, Ventura County Healthcare Agency "I learned during chief year how essential it is



You don't need to publish a billion things, found four organizations, or cure cancer. Focus on learning as much clinical medicine as you can, since that will never be your primary job again. And if you have a kid in residency, please know that you are my hero."

2014 - 2015

Timothy Poore, MD Assistant Professor, Palliative Care, UCSF



Susan Wlodarczyk, MD Associate Professor, Hospital Medicine, San Francisco Veterans Affairs Medical Center

2013 - 2014

Blake Gregory, MD Primary Care Director of Population Health and Ouality, San

Francisco Department of **Public Health** "My chief residency prepared me for the challenges of managing large primary care clinics with attention to quality, safety, patient/staff satisfaction, and clinical operations.









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2015 - 2016

Rachel Greenblatt, MD Internal Medicine

Carly Benner Zapata, MD Assistant Professor, Palliative Medicine, UCSF Palliative Medicine Fellowship Director "I enjoyed being in a role that was focused on

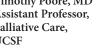
promoting and supporting others in their goals during training and feel fortunate to have found a similarly meaningful and inspiring position as faculty. I wish had known when I was resident that there can be so much flexibility after training. Residency is a challeng-



ing time, and it will end and feel worth it when you can craft a job that you really enjoy and feels sustainable."

"Be kind to your family, and gentle with yourself.'

-Rachel Stern, MD





Newsletter

Soraya Azari, MD

General Internal

Medicine,

UCSF

Associate Professor,

Residency, since it's so clinically-focused, doesn't provide much exposure to management and clinical operations. But these can be incredibly rewarding career paths, with potential to positively impact the lives of thousands of patients."

Archana Sridhar, MD Primary Care Physician, Highland Hospital

"The joy of teaching and connecting with residents during this year helped clarify my career goals--to remain connected with learners in my work. I was previously interested in pursuing a subspecialty fellowship, but my chief year made me realize how much I enjoy general internal medicine. amdI decided not to sub-specialize as a result."

2012 - 2013

Gabrielle Berger, MD Assistant Professor, Department of Medicine, University of Washington





Matthew Roosevelt, MD

Medical Center,

Mia Lozada, MD

Medical Center

Physician, Internal

Medicine, Gallup Indian

Physician and Instructor, Santa Clara Valley

2011 - 2012

Valley Homeless Healthcare Program

Jennie Wei, MD Physician, Internal Medicine, Gallup Indian Medical Center, Founder, Gallup IHS Transgender Clinic

The 2000 - 2010 Years

2009 - 2010

Damon Francis, MD Medical Director, Homeless Health Center, Alameda Health System



2008 - 2009

Prasanna Jagannathan, MD Assistant Professor, Infectious Diseases and of Microbiology and Immunology, Stanford University



Assistant Professor, **Rush University** Medical Center

so grateful that I've been able to continue my career at SFDPH. There are so many different career paths in medicine. As you go through residency, think about what you enjoy, appreciate and recognize your unique skills."





Reena Gupta, MD Associate Professor, General Internal Medicine, UCSF







Elizabeth Davis, MD



Gabe Ortiz, MD Associate Professor, Hospital Medicine, Medical Director of Medical/Surgical Areas, ZSFG



Jennifer Siegel, MD Medical Director, Center for Transgender Medicine and Surgery; Assistant Professor, Medicine, **Boston University School** of Medicine

'Seek out mentors who do work in operations to learn more about their careers and responsibilities. It could open doors for you that you would not have otherwise considered."

2007-2008

"Learning from the incredible and inspirational

- Blake Gregory, MD

Stephanie Cohen, MD

leadership team at SFGH

made me a better teacher,

mentor and doctor. I'm

Medical Director, SF City Clinic;

STI Controller, San Francisco

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Jennifer Babik, MD Associate Professor, Infectious Diseases, UCSF It was meaningful to form relationships with so



many of the faculty and staff at ZSFG, and in particular with my co-chief. I realized through all of my experiences as a chief that I really loved teaching as well as educational administration, which informed my decision to pursue a career in ID and medical education.

Choose a career path where you will spend most of your time doing things that are both exciting and fun. This will keep you intellectually engaged and personally satisfied throughout your career."

2004 - 2005

Leila Alpers, MD Managing Partner, **Private Medical**



David Hemsey, MD Chief. Hospital Medicine, University of North Carolina School of Medicine

2003 - 2004

Elizabeth Turner, MD Internal Medicine Kaiser Permanente Santa Clara





German Hernandez, MD Assistant Professor of Medicine, Texas Tech University Health Sciences Center

Gabriel Chamie, MD Associate Professor, HIV, Infectious Diseases, and Global Medicine, ZSFG



2005 - 2006

Antonio Gomez, MD Associate Professor, Pulmonary and Critical Care, ZSFG "It was a tremendously important experience.



Improving my teaching methods and incorporating new techniques into my teaching style had direct application to my current positions in the PCCM fellowship leadership. It also led to the creation of the MICU intern bootcamp lectures which are used today by every

intern who rotates on the service. My position placed me to reach out to the UC Berkeley BSP students to create a pipeline program allowing those students access to the Pulmonary Consult service. Treat everything you do as a learning opportunity, ask questions of your colleagues, and ask questions of your attendings."

Nicholas Walter, MD Associate Professor, Pulmonary Science & Critical Care University of Colorado School of Medicine

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Alexander Walley, MD Associate Professor of Medicine, Boston University; Medical Director for the Massachussets Department of Public Health Opioid **Overdose Prevention**

2002 - 2003

Amy Dechet, MD Portland Providence Medical Center & OHSU





Department of Medicine

Management, Infectious Hazard Management,



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Elizabeth Harleman, MD

Vice Chief of Medicine, ZSFG Professor, Hospital Medicine, ZSFG "Having the opportunity to work closely with

clinician educator in the safety net was both

possible and completely right for me."

2001 - 2002

the incredible faculty at SFGH, to teach our outstanding medical students and residents, care for our wonderful patients, and grow and develop with the expert guidance of faculty like Dr. Rick Haber and Dr. Meg Newman showed me that a career as academic





"Learning is more than just reading and staying up on the literature. Learning is also about testing what you know and what you think you know by working through it with colleagues and in the process learning and teaching."

-Antonio Gomez, MD

2000 - 2001

Ramiro Garcia, MD Co-Medical Director Hospital Internal Medicine Hospitalist Service, St. Rose Hospital

Mary Beth Humphrey, MD Associate Dean of Research, University of Oklahoma Health Sciences Center



The 1990 - 2000 Years

1999 - 2000

Katherine Julian, MD

Associate Dean for Graduate Medical Education, UCSF; Professor of Medicine, UCSF "I look on my chief year with great fondness! It



was during this year that I worked closely with so many faculty that I still see today. I absolutely created professional connections that have advanced my career such as my working closely with the Chief of Medicine (Dr. Talmadge King) who is now Dean!"

Peter Solberg, MD Chief Health Information Officer. Dartmouth-Hitchcock University



"Enjoy learning the breadth of medicine that you see - particularly at ZSFG. Take advantage of spending time with patients (rather than the electronic health record!)"

- Katherine Julian MD

1998 - 1999



Margot Kushel, MD

Professor of Medicine,

Vulnerable

UCSF

Populations.

Clarissa Johnston, MD Seton Palliative Care, University Medical Center Brackenridge



1997 - 1998

Mary Pickett, MD Associate Professor Department of Medicine, Oregon Health and Science University



Lisa Winston, MD Chief of Staff and Hospital Epidemiologist, ZSFG Professor, Hospital Medicine & HIV, Infectious Diseases, & Global Medicine, ZSFG

1996 - 1997

Alicia Fernández, MD Founding Director, UCSF Latinx Center of **Excellence:** Associate Dean, Population Health & Health Equity, UCSF; Professor, General Internal Medicine, ZSFG

Karen Hauer, MD

Associate Dean for Assessment, Professor, General Internal Medicine, UCSF "I found the opportunities to meet with residents individually and help them work through challenges with their teams, their patients, and their



personal lives to be very rewarding. Prepping for morning report, teaching with Alicia Fernandez, and debriefing our teaching to share feedback with each other was valuable preparation for a career as a clinician educator. Enjoy residency! It's hard and the hours are crazy, but

the opportunity to work closely with your teams of Interns and students is amazing."

The patients will teach you so much as long as you listen to their stories and spend time understanding their perspectives."

- Karen Hauer, MD



Associate Professor, School of Medicine, Tufts University



Fred Masoudi, MD Visiting Professor of Cardiology University of Colorado School of Medicine

1994 - 1995

Ralph Gonzales, MD Chief Innovation Officer, UCSF Professor of Medicine, UCSF "Having an amazing co-chief in Dean Schillinger

(was one of the most memorable moments of residency). Wonderful mentorship from Merle Sande and Julie Gerberding that extended for many years after they both transitioned to other institutions (as did I). When I was a CR, we had a series of communica-



tions to emphasize work-life balance. While these clinical years are so critical to our professional development as independent thinkers and patient advocates, we can't ignore the other half of our lives... fulfillment in each feeds the other."



Dean Schillinger, MD Director, NIDDK Center for Diabetes **Translational Research** Professor, General Internal Medicine, ZSFG

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Department of Medicine





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Paul Brunetta, MD Senior Vice President, **Clincal and Translational** Sciences, Sana Biotechnology

Lorna Dove, MD Medical Director, Adult Liver Transplant Center for Liver Disease and Transplantation **Columbia University** Medical Center



1992 - 1993



Cynthia Fenton, MD Professor, Hospital Medicine, UCSF

Steve Pantilat, MD Chief, Division of Palliative Medicine, Professor, UCSF

"Cindy and I met weekly with the nurse managers from all the medicine units- 5A, 5B, 5C, 5Dand we learned so much from them. We partnered on shared goals, provided support to each other, and worked together to make care better. Working as an interdisciplinary team is a core aspect of palliative



care and that experience of collaborating closely with nurses was a great education in demonstrating the power of interprofessional teams.'

"Residency is a powerful, intense, and brief part of life enjoy the camaraderie and learning as much as you can and take care of yourself."

- Steve Pantilat, MD

1991 - 1992

Tomás J. Aragón, MD Director, California Department of Public Health, and State Public Health Officer





Randy Taplitz, MD Chair, Department of Medicine, City of Hope

1990 - 1991

Eric Libby, MD Gastroenterology Beth Israel Lahey Health

Steven Porter, MD Infectious Diseases and Biotechnology



The 1980 -9 9 0 ears

1989 - 1990

Julie Hambleton, MD Pharma / Biotech Executive





Lori Panther, MD Vice President Clinical Development, Infectious Diseases Moderna



Chief Residents 1989 - 1990 Lori Panther, MD (far left), and Julie Hambleton, MD (fourth from left) during their chief residency year, outside of the hospital, along with Drs. Sande, Haber, and Hopewell.

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David Heyer, MD Oncologist, Inova Medical Group





1987 - 1988

Steven Chuck, MD

Stephen Hahn, MD Chief Medical Officer, Flagship Pioneering's Preemptive Medicine & Health Security Initiative

"Leadership is important. That year, we led a



transition in terms of house staff on call schedules and workload. There was some resistance to change which required horizontal alignment and focus on our north star – providing the highest level of care to our patients. Being on the frontlines of treatment of AIDS pa-

tients and addressing the medical and emotional needs of patients was an important learning experience that is relevant twith COVID-19."

1986 - 1987

Charles "Chuck" Daley, MD Chief of the Division of Mycobacterial and Respiratory Infections, National Jewish Health



"There were many meaningful experiences during my CR year. Most centered around the ability to work so closely with our outstanding housestaff and faculty while caring for our amazing patients. "

Christopher Forsmark, MD

Chief, Gastroenterology, Hepatology, and Nutrition, University of Florida "Find an inspirational mentor and take each day as an opportunity to grow."

"Look for ways to identify and collaborate to improve systems that don't work to support you and the highest quality patient care."

- Catherine Lucey, MD

1985 - 1986

Julie Gerberding, MD Chief Patient Officer for Merck "Transitioning from a focus on developing



knowledge and clinical expertise to the teaching role of Chief Resident was easier said than done, but I am so fortunate to have had the chance to do so. The experience formed the foundation for some of the most joyful moments of my career - supporting the success of others on my teams,

mentoring colleagues, and sponsoring wonderfully talented people who have gone out to be tremendous contributors to our profession."

Catherine Reinis Lucey, MD Executive Vice Dean; Vice Dean for Education, UCSF; Professor, Hospital Medicine, ZSFG "The ability to design and implement educational

the ability to design and



and support programs for residents directly impacted my goal of incorporating education into my career. The tremendous need for better care for vulnerable populations and the importance of educating physicians with cultural humility and the ability to advocate for a

society that supports better health for all has influenced how I have led the design of educational experiences. Don't rely on personal heroism as the strategy to provide patient care - cultivate teams of people from all health professions **and** feel comfortable relying on colleagues to keep the care plan going while you sleep, eat, and care for yourself."



Peter Demopulos, MD Cardiologist, Swedish Heart & Vascular Seattle, WA

1983 - 1984

R. Tyler Miller, MD Professor in Calcium Research, University of Texas Southwestern Medical Center Vice-Chair, Internal Medicine, Veterans Affairs North Texas Health Care System





J. Marcus Wharton, MD Endowed Chair, Tourville for Cardiology Professor of Cardiology Medical University of South Carolina

"Stay in 'log phase'...keep questioning, keep learning, and keep caring. And if you find yourself moving into 'stationary phase,' find a new really hard challenge, learn something new and exciting, or get a new job."

- Julie Gerbiding, MD

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Department of Medicine





1984 - 1985

David Chernoff, MD Chief Medical Officer SetPoint Medical



Gerard Aurigemma, MD Director, Non-Invasive Cardiology Professor Cardiology, University of Massachusetts

Howard Fullman, MD Senior Operating Advisor, Atlantic Street Capital

"Helping to lead the ZSFGH and UCSF efforts to treat patients with AIDS

during my Chief Residency from 1982-1983 had a profound impact. Leading effectively through challenging times, maintaining solidarity of purpose, and in particular compassionately focusing on the needs of patients were all things I learned while Chief Resident."



"Be confident in your decisions, humble in your mistakes."

- Henry "Chip" Chambers, MD

1981 - 1982

Dennis Lynn Morris, MD Chief, Interventional Cardiology Medical Director, **Cardiac Catheterization** Laboratories, East Carolina University

Thomas Padgett, MD **Emergency Medicine**

The 1970 - 1980 Years

1980 - 1981

Henry "Chip" Chambers, MD Professor of Medicine, Emeritus, UCSF



"Meeting Merle Sande who arrived on the scene as the new Chief of Medicine to find Molly Cooke and me ensconced as his Chief Residents. He launched my research career in staphylococcal research by requiring that his Chief Residents take on a research project. Mine was to describe clin-

ical presentation of left- and right-sided S. aureus endocarditis. I have been pursuing research in staphylococcal disease ever since."

Molly Cooke, MD Director of Education for Global Health Sciences, Professor Emerita, UCSF



1979 - 1980

Iim Leech, MD Dr. Leech, formerly UCSF Chief of Malaria Laboratory. Deceased May 27, 1994.



Gary Slutkin, MD Founder, Cure Violence, Former Chief, Intervention Development for the World Health Organization (WHO)

"Listen to the patient. Don't just look at results of lab test, radiographs etc. Their chief complaint may not be what they were admitted for, but it may be a clue to what is really wrong."

- Christine Fukui (Uehara), MD

1978 - 1979

Mark Liebling, MD New England Heart Institute, St. Joseph Hospital

Kenneth Peters, MD

1977 - 1978

Christine Fukui (Uehara), MD Sleep Physician (retired from Pulmonary and Critical Care), Honolulu, HI

"Emergency medicine was not a specialty then.



As chief residents at SFGH we made rounds twice daily in the ER helping to decide who was admitted. It was a lot of responsibility. I loved the county hospital and only wanted to be a chief resident there. Having that responsibility and being successful gave me

the confidence to be successful in my subsequent career."



Duane Stephens, MD Cardiologist Berkeley Cardiovascular Medical Group

1976 - 1977

James Sheller, MD **Professor of Medicine** Emeritus, Pulmonary Vanderbilt Univesrity Medical Center

Richard Williams, MD General Internal Medicine



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James L. Naughton, MD Nephrologist

Sharon I. Rounds, MD Professor of Medicine, Associate Dean for Clinical Affairs, Brown University "I was inspired by the

dedication to outstanding clinical care, new knowledge, and new science that Holly Smith, Marv Sleisinger, and HIbbard Williams embodied. They were giants."



"Don't be shy about your ambitions. Go for it!"

- Sharon Rounds, MD

1974 - 1975

Richard Jay Haber, MD

Former Chief, General Internal Medicine, ZSEG

Dr. Haber was the founder of ZSFG's Division of General Internaal Medi-

cine and its primary care residency track. He was dedicated to teaching and was a longtime resource for residents and faculty. UCSF Medical Education created the annual Siu Award in honor of Dr. Haber to honor a member of outstanding service

and contributions. Deceased 6/11/2007.



William Lane Verlendon, MD General Surgery and Vascular Surgery Montage Health

1973 - 1974

John Irvine, MD **General Internal Medicine**

Kenneth Frye, MD Dr. Frye was a beloved teacher with the Division of Rheumatology, UCSF.



Faith T. Fitzgerald, MD

Professor,

Medicine

General Internal

UC Davis Health

Larry Hill, MD Philanthropist Formerly Eureka, CA's first board-certified internist. In 1999, Dr. Hill, with several donors, established the Holly Smith Distinguished Professorship in Science and Medicine.

1971 - 1972

Robert Roe, MD Pharmaceutical Industry

Bonnie Goldman, MD Hematologist, previously at SFVA



focused on translational research, I valued the opportunity to serve (with Phil Hopewell) as



Hibbard Williams' first Chief Residents. Hibbard was an superb clinician and educator who brought excitement to rounds and who inspired me to a career in academic medicine."



Phillip C. Hopewell, MD Professor Emeritus, **Pulmonary & Critical**

Morrie Shambelan, MD Professor Emeritus of Medicine on recall Endocrinology, ZSFG

Care, ZSFG

"Although I subsequently went on to a career

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Department of Medicine





1972 - 1973

Chief Residents 1977 - 1978 Duane Stephens, MD, (first row, fourth from left), and Christine Fukui (Uehera), MD (first row, sixth from left), stand with residents on ZSFG lawn.

In 1970, the Medicine Service at ZSFG became fully integrated with UCSF when Hibbard Williams, MD, was named Chief of Medicine.

1970 - 1971

The 1963 - 1970 Years



Archive photos of residents. Left photo: Resident staff 1965-1966 with 1968-1969 Chief Resident Anthony Perry (last row, fourth from left). Right photo: Chief Resident 1966- 1967 Charles H. Mielke, Jr. MD (first row, second from right) stands with residents.

1969 - 1970

James Lindauer, MD Biotech Industry



Curt Ries, MD Professor Emeritus Hematology and Oncology UCSF

1968 - 1969

Donald Blackman, MD Emeritus Faculty General Internal Medicine UCSF



Ronald Brown, MD Endocrinologist, formerly Mayo Clinic

1967-1968

John S. Quilici, MD Internal Medicine and Medical Oncology

Anthony M. Perry, MD

Long time solo general internal medicine practicioner with large focus on diabetes treatment. Retired 2017 at age 77.

"My best clinical experience during chief residency was service with Dr. Kehoe who was a gastroenterologist retired from the military and Walter Reed Hospital. We had a great many patients with alcoholism, cirrhosis and GI bleeding, and was in at the beginning of flexible endoscopy. Tubes had only side viewing lens so couldn't see as they were introduced and no ports for suction or other devices. I never did anything specific with this experience, but it taught me I wanted to be a hands on doc. Other than clinical the chief residency had administrative aspects which taught me essons about leadership and human nature. Another aspect which pushed me into private practice. I wanted to be independent and make my own decisions. It was my personal inclination which proved to be a good one. No one was my boss other than the patients."



1966 - 1967

Clarence H. Mielke, Jr., MD

1965 - 1966

Martin J. Peterson, MD

1963 - 1964

Rogers Mathews Vogelzang, MD Former Chief of Staff, Chief of Medicine, and Chairman of the Board, McHenry Medical Group. Deceased 10/31/2017.



Vincent Sing Yuen, MD Internal Medicine

We thank these incredible physicians including the Silent Generation, Baby Boomers, Generation Xers, and Millenials for their dedication, inspiration, and leadership.

Brooks Bigart; Editors: Neil Powe, Laurae Pearson

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